



**Athletics-
Golf Programs**
Golf Group Lessons
(Youth, Adult, and Women
only)
Programs held at Saddle
Rock Golf Course
(21705 E. Arapahoe Rd)

Youth Programs: \$80
Adult Programs: \$90



Co-ed, Ages 6-9

This program will introduce little “tigers” to the game of golf. During this 4-week program, instructed by Saddle Rock Golf Course Instructors, participants will learn the basic fundamentals of putting, chipping, and using irons and woods in the game of golf. Clubs will be provided but you are encouraged to bring your own.

#584-1 Mondays, June 1-22 430-530p
#584-2 Sundays, Aug 9-30 130-230p

Co-ed, Ages 10-13

This program will welcome all different skill levels to the game of golf. This 4-week program will focus on the short and long game fundamentals and using the proper clubs. This program is instructed by Saddle Rock Golf Course Instructors and will also teach the sport’s history, rules, and etiquette. Clubs will be provided but you are encouraged to bring your own.

#585-1 Mondays, July 13-Aug 3 430-530p

Adult Group Golf Lessons

Co-ed, Ages 18 and up

This program will focus on all the essentials in the game of golf. With concentration on techniques from the short game to the long game, this program is instructed by Saddle Rock Golf Course Instructors. Areas of instruction include putting, chipping, and using irons and woods. Clubs will be provided but you are encouraged to bring your own.

#586-1 Fridays, June 5-26 430-530p
#586-2 Sundays, July 12-Aug 2 130-230p

Women ONLY Group Golf Lessons

Women, Ages 18 and up

This program will focus on all the essentials in the game of golf. With concentration on techniques from the short game to the long game, this program is instructed by Saddle Rock Golf Course Instructors. Areas of instruction include putting, chipping, and using irons and woods. Clubs will be provided but you are encouraged to bring your own.

#587-1 Fridays, July 17-Aug 7 430-530p
#587-2 Fridays, Aug 14-Sept 4 430-530p



SPACE IS LIMITED! Please register at the Trails front desk or online at www.aprd.org.

At the conclusion of the program, participants will receive give-a-ways including coupons to Dick’s Sporting Goods, day passes to the Trails, and more.

Any questions, please contact Steve at 303.269.8400.



www.aprd.org