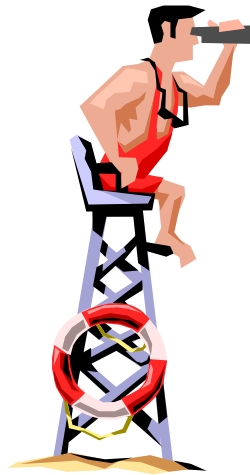


LIFEGUARD TRAINING COURSE



This course is for individuals age 15 years and up and will provide all the certifications necessary to become a professional life guard; American Red Cross CPR/AED, First Aid & Life Guard Training. Participants must be able to swim 300 yards (front crawl & breast stroke) without stopping & retrieve a 10 lb brick in deep water the first day of class. Participants must be able to attend all classes in the session; no exceptions.

294: Ages 15 and up.

Fee per session: \$125 District, \$175 Non-District

Session 2: March 29 - April 2, 2010

Times: 9am-5pm

Please call Pool Manager, Paul Macias @ (303) 269-8429 for more information

